

A message from Maddy...



I'm proud to report that the Pop-up Covid Vaccination Clinics that we've offered recently as part of the #GrabAJab campaign were incredibly successful, with 2,200 jabs administered at five different locations across the city, in addition to the York Vaccination Centre at Askham Bar. This takes the total number of jabs administered during the last seven months to more than 350,000, which is absolutely fantastic - well done!

Earlier this week, the Government announced that anyone over the age of 18 can now go along for their jab without needing an appointment. This applies to those attending the York Vaccination Centre, which is open from 8am to 8pm daily, or any of our Pop-up Clinics for their first jab or their second dose (providing they had their first at least eight weeks ago). All vaccine types are available at the Askham Bar site, but only Pfizer and AstraZeneca are available at the Pop-up Clinics.

We now face a final push to try to vaccinate around 30,000 patients over the age of 18 who have not yet come forward for one reason or another. To try to make it as easy as possible for people to get their jabs, more Pop-up Clinics have been planned. See page two for details.



There has been much to celebrate this week, with both the annual Thank You Day event and the 73rd Birthday of the NHS taking place. Our picture (left) shows members of the Nimbuscare team celebrating at our headquarters at Clifton Moor and you'll find photographs of our celebratory tea party at the York Vaccination Centre on page four.



GRAB A JAB at a local drop-in clinic

More Pop-ups planned

The first in our latest series of Pop-up Clinics took place at the University of York yesterday (Thursday).

More Pop-up Clinics are planned for:

- Saturday 10 July, from 8am until 12.30pm, at Jorvik Gillygate Practice on Stonebow.
- Saturday 10 July, from 9am to 5pm, at Fishergate Primary School.

Please encourage anyone who has not yet had their first jab or who is now eligible for their second to go along and #GrabAJab.

Single Point of Access Hub (SPA-Hub) extended

Following on from the story in a recent edition of this newsletter about the success of the Single Point of Access Hub (SPA-Hub) service that we've been delivering, we have exciting news...

We were recently informed that the contract, which involves telephoning patients who have tested positive for Covid-19 and are self-isolating, has been extended for another three months. We're now on the look-out for volunteers to help deliver the service, which provides a daily telephone checkin to see how patients are coping with their symptoms, as well as ensuring that they have access to food and medicine, and offering them an opportunity to monitor their oxygen levels at home with a pulse oximeter and advice on when to seek medical help.

Volunteers are required to work three-hour shifts at Nimbuscare's headquarters at Clifton Moor at any time between 10am and 3pm from Monday to Friday. They must be confident using the telephone as the role involves making the calls to patients.

To date, around 5,000 local people have benefited from the SPA-Hub service. With Covid-19 cases on the increase again in York, the extension of this project is fantastic news because it means that we can continue to ensure that help and support is available to those who need it most. If you're interested in volunteering or would like to find out more, please contact the team by emailing: <u>nimbuscare.ia-admin@nhs.net</u>.

For further news updates, visit: <u>www.nimbuscare.co.uk</u>



Fundraising success

I'd like to congratulate the team from Nimbuscare (pictured left and below) left who recently took part in the Midnight Walk to raise funds for St Leonard's Hospice. Between them, they managed to raise a fantastic £460 for the good cause.



Long Covid support for staff

NHS staff who may have been away from the workplace for some time due to the effects of Covid-19 and Long Covid are now returning to work, and many other staff are continuing to balance the pressures of work alongside a Long Covid diagnosis. Additional support is available for these employees via the Humber, Coast and Vale Resilience Hub, which has set up some Long Covid Peer Support Groups. These groups are delivered remotely and take place weekly on a Wednesday afternoon in blocks of eight sessions. Staff can access the group by referring themselves into the Resilience Hub by completing the wellbeing questionnaire on the website or by emailing the Hub. The Hub also offers a Long Covid wellness and recovery action plan. The Resilience Hub and these Support Groups are open to staff across the health, social care, and voluntary and community sectors. If you have any queries please contact the Hub directly.



#VoteMike!

Our Chair and clinical lead, Professor Mike Holmes, is urging GPs to put their faith in him by electing him to the Royal College of General Practitioners Council. Mike told us: "As an RCGP Council Member, I believe I can drive change on behalf of all GPs and their patients." GPs have until 30 July to cast

their votes.



Thank You Day

I wanted to share with you some of the lovely photographs of our staff and volunteers at the York Vaccination Centre at Askham Bar celebrating Thank You Day and the 73rd Birthday of the NHS with a tea party. They enjoyed cupcakes that were generously donated by the team from Tesco at Askham Bar.



Look out for our next newsletter update in two weeks time and, in the meantime, follow us on social media or visit the website for further news updates.





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