

# A message from Maddy...



As we all continue to adjust to the removal of restrictions aimed at limiting the spread of Covid-19, we must be aware that strict infection control measures remain in place in healthcare settings. We're still asking people to wear face coverings when they visit our sites, adhere to social distancing where possible and make use of the hand washing facilities. Like all healthcare workers, our team are still doing twice weekly lateral flow tests to help keep people safe and protect us all.

Looking to the future and how we live with Covid, the NHS has written to health sector leaders to set out the expected vaccination programme requirements. Having administered 532,000 jabs at our Askham Bar site to date, we're well placed to deliver these requirements in the future. We continue to deliver vaccinations to vulnerable five to eleven year olds and, so far, we've vaccinated more than 150 children in this age group. We'll soon be starting to deliver jabs to other five to eleven years olds too.

Pop-up Covid-19
vaccination clinics
continue to take place at
venues across the city.
For full details, click
here.

## Babies and children's clinic returns to Askham Bar site

Back in October, we launched a new clinic to support children aged up to eleven years with respiratory illness or a fever. Just before Christmas the clinic had to be temporarily relocated to The Old Forge Surgery at Upper Poppleton due to the roll-out of the Covid-19 booster programme, but it has recently returned to our Askham Bar site.

Known as the Children's Ambulatory Treatment (CAT) Hub, the clinic is a collaboration between York and Scarborough



Hospitals NHS Foundation Trust, North Yorkshire Clinical Commissioning Group, Vale of York Clinical Commissioning Group and Nimbuscare. Its aim is to prevent babies and children from going into hospital unnecessarily with respiratory illnesses. The dedicated GP and paediatric nurse-led service is available for babies and children from three months to eleven years of age with fever or symptoms of respiratory illness, including croup, bronchiolitis and viral wheezing. Parents and carers must first contact the child's GP or telephone NHS 111 for an initial assessment.

They, or a paramedic, can then refer them to the clinic, if it's appropriate. At the clinic, they will be seen by an experienced children's nurse, working alongside a GP in our child and family friendly clinic.

Dr Rebecca Brown, clinical lead for the CAT Hub, explained: "It's important that parents and carers seek advice from their GP first if they are concerned - that way they can come to see us, rather than blocking up the Emergency Department at the hospital."

### Helping with Covid recovery

We're working with our partners across the city on a Covid recovery plan. This involves supporting patients due to visit hospital for an operation and is all about helping them to 'prepare well'. We want people to be as healthy as possible when the time comes for them to go into hospital. This piece of work mirrors the aims of the new national Elective Recovery Plan, which was recently launched to support people on waiting lists. We know that people waiting for elective care want to feel adequately informed and supported during this time and may contact their GP team for an update. In response, and as part of the Elective Recovery Plan, the NHS has recently launched the first phase of the My Planned Care Patient Digital Platform. The site provides people waiting for a hospital appointment, operation or treatment (excluding cancer) direct access to the latest wait-time information and support for all acute trusts across England. The platform is easy to access and navigate, and is designed for patients who are on an NHS waiting list, as well as their relatives, carers and supporting healthcare teams, including their primary care team.







#### Welcome to the team!

This week I'd like to welcome two new faces to the Nimbuscare team; Megan Emmott (pictured top left) joins us as Operational Services Administrator and Freya Lee (pictured bottom left) as our Covid Hub Care Co-ordinator. Megan is from York and previously worked at the Jorvik Gillygate GP practice as a Medical Receptionist. During her two-and-half years there, she completed her apprenticeship in Level Two Customer Service Practitioner. Freya, who has lived in York all her life, has just graduated from York St. John University, where she studied Occupational Therapy. She said: "I'm looking forward to

#### Can you help?

working with the team."

Our Operational Services Coordinator, Libby Edwards, is collecting donations of essential items for the people of Ukraine.

Libby explained: "I'm hoping that the Nimbuscare team would like to support me in this. They are looking for donations of baby milk, baby bottles, baby food, nappies, wipes, first aid items, toiletries, sanitary products, shower gel and non-perishable food and drink."

Anyone who would like to support Libby's appeal for donations is asked to take items along to Nimbuscare's headquarters at Clifton Moor as soon as possible. If you'd prefer to make a cash donation, you can transfer money to Libby instead (sort code 04-00-04, account number 82132258 and account name Olivia Edwards) and she will buy the items to donate instead.

Libby added: "I will keep everyone updated on the items collected. Thank you for your support."

Look out for our next newsletter update in two weeks' time.
In the meantime, please follow us on our social media channels by clicking on the links below.

Thank you all for your hard work and support.







