

A message from Maddy...



We've now administered more than 5000 spring Covid-19 boosters to local people, as well as 500 jabs to five to eleven year olds. Parents of healthy five to eleven year olds are now being invited to book Covid-19 vaccinations for their children via the [national booking system](#). We're making appointments available at the York Vaccination Centre outside school hours and during the holidays. In this issue I wanted to take the opportunity to remind you about some of the other specialist services that we're currently offering at our Askham Bar site in York...

Spirometry testing available

We can now carry out spirometry tests on behalf of our member GP practices in our fantastic new Spirometry Suite (pictured left), which opened last month. Spirometry is a simple test used to help diagnose and monitor certain lung conditions by measuring how much air you can breathe out in one forced breath. During the pandemic, GP Practices had to pause spirometry testing due to the potential risk of spreading Covid-19. This means that hundreds of people across the country have had to wait for testing to get the results that could confirm a diagnosis of respiratory problems. Our Spirometry Suite is located within our new, temporary, modular building. It contains specialist equipment and has the necessary ventilation required for the safe testing of patients.



NHS Health Checks

We're also using our modular building at the Askham Bar site to offer NHS Health Checks to eligible patients aged 40 to 74 years. Patients are invited to book an appointment with a health care professional, usually a Health Care Assistant. The checks are designed to spot the early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia. Where appropriate, we can also refer patients to City of York Council's Health Trainers, who offer free, confidential health and well-being support and guidance. For more information about NHS Health Checks click [here](#).

Easter opening hours:

Please be aware that we'll be closing at 2.30pm on Easter Sunday, instead of the usual 8pm. Otherwise, we're open as usual over the bank holiday weekend.



Ramadan opening hours

Just a quick reminder that, during the Islamic holy month of Ramadan, the York Vaccination Centre will be staying open until 9pm, rather than the usual 8pm, on the following dates: 16, 20, 23 and 27 April and 2 May.



Meet our 'Guardians'

Several members of our team have been appointed 'guardians' in a number of key areas on which they will be our lead and main point of contact for members of the team. As the Chief Executive of Nimbuscare, I'm also delighted to be our Wellbeing Guardian. Our other Guardians are as follows:

As well as being our Medical Director and Director of Clinical Service Delivery, **Dr Daniel Kimberling** (pictured top left) is our Caldicott Guardian, a role that involves protecting the confidentiality of people's health and care information and making sure it's used properly. Daniel is also our Safeguarding Lead.

Our Corporate Affairs Manager **Ellie Homes** (centre left) is also our Freedom to Speak Up Guardian.

Meanwhile, our Director of Clinical Performance and Assurance **Michelle Phillips** (below left) is our Infection, Prevention Control Lead.



Mental Health training

Several members of our team recently completed a two-day Mental Health First Aid at Work course (see our photograph, bottom left). Well done to Jess Hedley, Nathan Agnew, Hannah Linaker, Lynne Wilson, Ellie Holmes, Megan Mcgonagle, Victoria Barton, Gemma Wensley, Karina Williams, Paul Marshall, David Lightfoot, Megan Emmott and Hayley Emmett, and to Sarah Goode from the Haxby Group Practice, who also joined us. We have a small number of places available at our repeat course in May. If colleagues from member practices would like to join us, please [email](#) our Human Resources Manager, Victoria Barton.



Over to you...

As well as sharing our own news updates in this fortnightly newsletter, we also welcome updates from our member GP Practices. If you'd like to submit a news item for publication in a future edition, please email your submissions to lucy@lucyoates.co.uk.



Welcome Ali and David

In our last newsletter, I mentioned two new members of our team and, for this edition, we've invited them to tell you a little bit more about themselves...

Ali Watson (top left) has been providing administrative support at the York Vaccination Centre on a temporary basis for the past few months, but has now joined us on a permanent basis.

She told us: "I began supporting the Operations Team at Askham Bar in September 2021, having volunteered since the early days, and then worked as an admin in the pods. I have really enjoyed getting more involved with the site, and getting to know our fabulous operations team, so I'm delighted to join Nimbuscare in a permanent role.

"My background is in music and arts TV production, but I'm always ready for a challenge and it feels very rewarding to now be working in an area that is fundamental to people's wellbeing. When I'm not on site, I can often be found immersed in music, at a gig or playing my bass guitar. I also love to get out on the water on my paddle-board.

Ali added: "Thank you to everyone at Nimbuscare who has made me feel so welcome."

David Lightfoot (left), our new Human Resources Assistant, said: "I've worked in a range of Human Resources environments for more than 20 years, spanning sectors such as aerospace, higher education, local government, housing and, most recently, supporting a large secondary school and four primary schools in York.

"I'm celebrating a significant birthday this year so I thought I'd celebrate it - partly - with the challenge of a new job. I enjoy cycling through busy traffic, London, coffee, trance music and exploring the countryside with my wife and children."

He added: "I enjoy learning about how organisations work and supporting everyone with a friendly, credible and accessible Human Resources service."

Look out for our next newsletter update in two weeks' time.

In the meantime, please follow us on our social media channels by clicking on the links below.

Thank you all for your hard work and support.



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