

3 August 2022



A message from Maddy...



Work on the development of our Acomb Garth Community Care Centre (pictured below left) is now complete and we're already starting to offer a growing range of health care services from there, with many more due to be introduced over the coming weeks and months.

I'm delighted to announce that Lucy Hakings joined us on Monday from Unity Health as our newly appointed General Manager for Acomb Garth. We'll invite Lucy to introduce herself in the next edition but, in the meantime, I'm sure you'll join me in welcoming her to the team!

We'll also tell you more about some of the new services at Acomb Garth in future editions of this newsletter, but we're particularly pleased that the York Adult Tier 3 Weight Management service now operates from four rooms at Acomb Garth every week day, enabling patients to access support in a community setting, as well as at York Hospital. Read on to learn more about this service...

On a separate note, I was pleased to be given the opportunity to speak about how important collaboration is to the delivery of quality health care in a recent *Business Voices* feature in the *Yorkshire Post* (pictured below right). It was a great opportunity to highlight our innovative approach here in York.



About the Adult Tier 3 Weight Management service...

Operated by York and Scarborough Teaching Hospitals NHS Foundation Trust, this is a specialist 12-month programme involving a team of healthcare professionals who provide care to people who have excess weight. It begins with a period of intense education, well-being improvement and physical activity, which is followed by on-going support. During the course of the programme, patients see a dietician, physiotherapist and counsellor, but will also have access to a specialist doctor, who may be able to help them improve any health conditions they may have or adjust any medication they take to help them lose weight. If eligible, they may be able to access bariatric surgery. The programme involves both group meetings and one-to-one consultations. It's currently being delivered online, but it's hoped that patients will soon be able to attend face-to-face appointments at Acomb Garth. To gain access to the programme, patients must be referred by their GP and have to meet certain criteria.

David Locker, York Adult Tier 3 Weight Management Programme Lead and Advanced Bariatric Surgical Nurse Practitioner, said: "As a team, we're really excited to bring our service into the community setting at Acomb Garth as we hope this will strengthen and promote collaboration between secondary and primary care in improving overall care for patients with weight issues."

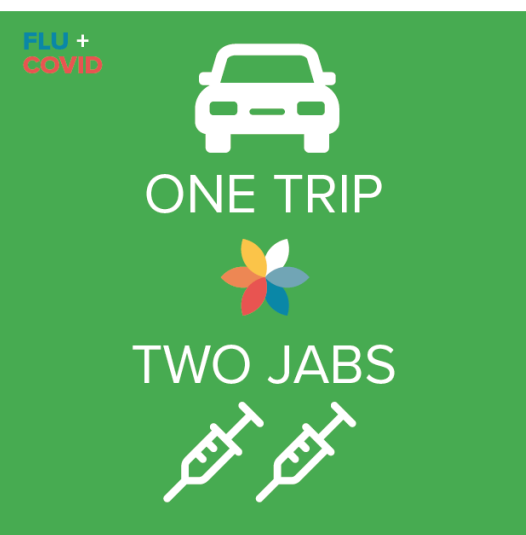
Job opportunities

We're currently looking to recruit a Project Manager to work as part of our dynamic team, helping us to deliver effective services and working on number of key projects. The closing date for this job is 7 August.

We're also looking to recruit Advanced Clinical Practitioners, Advanced Nurse Practitioners, Urgent Care Practitioners and Emergency Care Practitioners to work alongside the York Community Response Team to triage and facilitate urgent community response visit requests. The closing date for these posts is 14 August.

Job descriptions and details of how to apply can be found on the [Recruitment section of our website](#).





Covid and flu vaccination programme

As reported in our last newsletter, our member GP practices have received a briefing note from the team here at Nimbuscare explaining that we'll be co-administering winter flu jabs and Covid-19 boosters to patients at our Askham Bar Community Care Centre in York.

The vaccination programme will begin in mid to late September, and will save patients from having to make two separate trips for their boosters. Any member practices who have not yet completed and returned their forms to us are asked to do so as soon as possible.

Patients can then expect to receive a text message or letter of invitation from Nimbuscare on behalf of their registered GP practice.

Acomb garden has special memories for York couple

York gardener Ady Johnson got quite emotional when his team were asked to do a gardening job at our new Acomb Garth Community Care Centre recently.

Ady had last visited the courtyard garden at the centre 25 years earlier, to have some wedding photographs taken (pictured left).

He explained: "My wife's grandad was a resident at Acomb Garth then. It was a centre for the elderly and he had Alzheimer's. He unfortunately couldn't come to our wedding, so my wife, Dawn, and I took our wedding to him!" Ady and Dawn were married on 27 September, 1997. They went to see Dawn's grandad, Ronald Gibson, the following day at Acomb Garth to have some photos taken with him. Ady, who works for AJT Garden Services in York, was asked to come and renovate our courtyard garden in June. He said: "We planted a tree in 2001 when he died, in his memory, in the original garden there, at the side of the building.

"When we were asked to do the garden, I had mixed emotions. I couldn't believe what a state it was in when we arrived, but I really enjoyed doing it. We'll make sure it stays looking good now."

After hearing Ady's touching story, we set aside a special corner of the garden where he and Dawn can create a raised bed and replant something in memory of Ronald.





York 50+ Festival 2022

I'm delighted to announce that Nimbuscare is sponsoring the 17th annual [York 50+ Festival](#), which runs from 24 September to 2 October. An annual event organised by York Older People's Assembly, this year's festival is being billed as another opportunity to celebrate Her Majesty The Queen's Platinum Jubilee year.

The festival gives older people a chance to celebrate with younger people, share events and skills, enjoy meeting people with similar interests and take up new hobbies. After a slight pause due to the Covid-19 pandemic, last year's programme went ahead and comprised more than 80 different events, both in person and online.

The 2022 festival coincides with the International Day of Older People, which falls on 1 October.

Positive patient feedback

Finally, I just wanted to share some lovely patient feedback that we received on the NHS Health Check service that we provide to eligible patients aged between 40 and 74 years. A patient who visited last week said: *"I've been for a Health Check today. Apart from a Covid vaccination, it is the first time I've used the service. I've found it an excellent experience, from booking through to talking and completing the health check. The person who did the check was friendly, professional and informative. It has been a very easy and positive service to use, thank you."*



Look out for our next newsletter update in two weeks' time.

In the meantime, please follow us on our social media channels by clicking on the links below.

Thank you all for your hard work and support.



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