17 August 2022



A message from Maddy...











It was also lovely to receive a visit from George Wood, who sits on our Audit Committee as a lay representative. George was involved with Acomb Garth when it first opened in the 1980s, when he worked as a manager at York Hospital, and it was his first visit there for a long time. George is pictured (on the right) with Dr David Hartley, our Director of Internal & Corporate Affairs, and GP Frances Baker.

Health and wellbeing support

As part of the national health and wellbeing programme, our Chair, Professor Mike Holmes, has been involved in the development of support provision for our diverse colleagues working across the NHS.

Mike explained: "It's part of a really important project commissioned by NHS England and NHS Improvement (NHSEI) that started quite early on in the pandemic. I felt privileged to be asked to be part of it and now Chair the national steering group for this work. There was a strong York link as it was led by Heather Simpson of NHSEI and also involved Kathy Ashton, a coach, both of whom live in York." This piece of work began with <u>#Lookingafteryoutoo</u>, which offers individual online health coaching sessions and is available to everyone working in primary care. It has now delivered more than 20,000 sessions to in excess of 7,000 people, resulting in statistically significant improvements to people's wellbeing and winning a Health Service Journal (HSJ) Award in 2021.

Mike added: "We've now developed the offer for diverse colleagues right across the NHS, as well as programmes for those leading teams and a career advice service. As the service continues, I hope will develop further." To find out more about the support on offer, visit the <u>NHS</u> <u>England website</u>.

Covid vaccination programme up for top national award!

I'm delighted to report that we've once again been shortlisted for a prestigious HSJ (Health Service Journal) Award. We're a finalist in the Vaccination Programme category and the winner will be announced at an awards ceremony in London on 17 November. It's really exciting news and the result of everyone's hard work, whether you've been fully immersed in all things vaccine-related from day one or have supported the programme in various other guises. We are a team - thank you!



WE ARE PROUD TO BE A FINALIST

COVID VACCINATION PROGRAMME AWARD







Introducing Lucy and Alicia...

As reported in our last newsletter, we recently welcomed Lucy Hakings to the team as the General Manager of our new Acomb Garth Community Care Centre. For this edition, we invited Lucy (pictured left), who lives in Strensall near York, to tell us a little but more about herself. She said: "Before joining Nimbuscare, I worked in a primary care setting in a GP surgery in York for five-and-a-half years. I love working within the NHS and contributing to the health and wellbeing of people every day. I'm really looking forward to helping Nimbuscare branch out with this new community-led service provision, and establishing a link between local people and the amazing facilities on offer here at Acomb Garth. I'm eager to build solid foundations with nearby organisations in order to best serve and meet the needs of the local community."

I'm also delighted to welcome Alicia Dickinson (pictured left) to the Nimbuscare team. Alicia, who grew up in Howden in East Yorkshire but now lives in York, joined us last week as Personal Assistant (PA) to the Board of Directors, having previously worked at The Retreat in York.

She told us: "I'm really looking forward to being a part of Nimbuscare, and to meeting everyone."

Fond farewells

On behalf of everyone here at Nimbuscare, I'd like to extend my thanks to Will McEvoy (pictured below left), who has been the Site Manager of our Askham Bar Community Care Centre since it first started life as the York Vaccination Centre almost two years ago but is now moving on to pastures new. Will has been an integral member of our team since the very early days of Nimbuscare, playing a key role in our hugely successful mass flu and Covid vaccination programmes and in the site's ongoing evolution into a busy Community Care Centre offering an ever growing range of health care services. I know I speak for us all when I say that he will be missed and I'm sure you'll join me in wishing Will all the very best for the future. Colleagues will be gathering at our Askham Bar site on Monday 22 August to say goodbye to Will; feel free to drop in from 1.30pm onwards. We're also incredibly grateful to our Volunteer Coordinator, Hannah Linaker, who left last week to take up a new role with the Forestry Commission. Hannah will be missed, but we're delighted that she has managed to secure a role that enables her to pursue her passion for the great outdoors.



Protected Learning Time

I'm pleased to report that, from now on, Nimbuscare will be facilitating the regular Protected Learning Time (PLT) events for colleagues from across the Vale of York area. These are peer-led sessions for GPs, Registered Nurses, Health Care Assistants, Allied Health Professionals and Physician Associates, and the next event will take place on 15 September at York Racecourse. This will be followed by a virtual session on 30 November.

Further information about events will be made available in the <u>Staff Area</u> of our website, but will also be emailed out to those who don't have access to it. If you have any queries, please <u>email</u> our dedicated inbox.

Dates for your diaries...

Don't forget to **book your tickets** for **A Night To Remember** at York Barbican on 8 September. We're proud to be sponsoring this family friendly evening of entertainment, which will feature some of the finest voices and performers in York, including Jess Steel, Heather Findlay, Beth McCarthy, Graham Hodge, Gary Stewart, Annie Donaghy and Las Vegas Ken, in addition to a 20-piece band and a performance by the Singing For All community choir. As well as raising awareness of dementia and bringing the community together, A Night To Remember raises much-needed funds for a number of local charities, including St. Leonard's Hospice, Dementia Projects in York, Bereaved Children Support York and Accessible Arts & Media. We will once again be taking part in Macmillan Cancer Support's World's Biggest Coffee Morning by hosting an event at our Acomb Garth Community Care Centre on Friday 30 September. We'll share more details nearer the time and do hope you'll be able to join us.

Look out for our next newsletter update in two weeks' time. In the meantime, please follow us on our social media channels by clicking on the links below. Thank you all for your hard work and support.









<u>Click here</u>

Click here

Click here

