

A message from Maddy...



On 5 July 2023, the NHS will mark **75** years of service. Here at Nimbuscare, we're already starting to plan a series of events and activities to mark this huge milestone. We'll be looking for colleagues to support our celebrations and to help us gather some inspiring patient stories that we can share. For more information and ideas, visit the [NHS web-site](#).

I was incredibly proud when, just days before Christmas, members of our team decided to collect some basic supplies and simple gifts for York's asylum seeker and refugee population, including selection boxes and toys for children (photographed bottom left). We donated some money from our charitable arm, the Nimbuscare Community Fund, to help pay for these items. Read on to find out more about our work with this particular group of patients...

Caring for York's asylum seeker and refugee population

We're currently working with Jorvik Gillygate Practice, Priory Medical Group and York Medical Group to provide primary health care services to York's asylum seeker and refugee population. There are currently around 450 refugees and asylum seekers housed in York as they await the outcome of their asylum applications, and each of the three medical practices above has registered 150 of the patients within this group. Nimbuscare is responsible for meeting their health care needs on behalf of our three members practices, so we're staging GP clinics from Monday to Friday on site at their accommodation in the city. We're working closely with City of York Council, York and Scarborough Teaching Hospitals NHS Foundation Trust and a range of other service providers to ensure that the complex needs of this group of people are being met. This includes working with the city's Child Health, Midwife and Health Visitor teams, as well as



liaising with the Home Office-appointed Welfare Support Team responsible for housing this group of people.

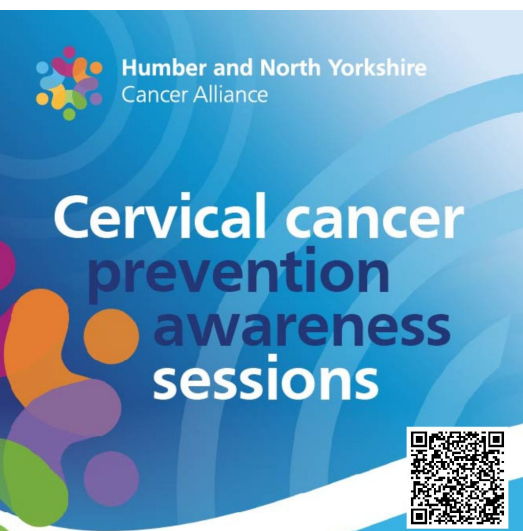
Gemma Wensley, Operational Services Manager for Nimbuscare, explained: "Some of these patients have been in the country for several months and have been moved to York from elsewhere, whereas others have arrived in the country very recently and come straight to York.

"The Welfare Support Team at the accommodation where this group of patients is being housed is our main point of contact so, if a resident has a particular health care need, they can call us on a dedicated telephone line that we've set up and we'll book them into our clinic. Many of the residents have experienced a traumatic journey into the UK and come with pre-existing health needs, which we need to ensure are met."



HARMONIE Research Study underway at Askham Bar

The Children's Ambulatory Treatment (CAT) Hub at our Askham Bar Community Care Centre is one of several Clinical Trial Sites in the Yorkshire and Humber region for the [HARMONIE Research Study](#), which is investigating whether it's possible to reduce the chance of babies becoming seriously unwell with respiratory syncytial virus (RSV). We'll be running clinics until March and are looking for babies to participate in this important research study. In fact, our first three patients attended our Askham Bar site last week. This [video](#) provides more information about the study, and this [case study](#) tells the story of a mum of two whose baby daughter was hospitalised with RSV. Please do share them with your patients.



Free bite-size cervical cancer prevention awareness sessions

To mark Cervical Cancer Prevention Week, which begins next Monday, 23 January, Humber and North Yorkshire Cancer Alliance is supporting a campaign to raise awareness of NHS Cervical Screening by offering free, bite-size cervical cancer prevention awareness sessions. The series of virtual, 45-minute sessions will take place throughout the week and they're open to anyone living or working in the Humber and North Yorkshire region. To reserve a place, visit the [Event-brite booking page](#).

Supporting children with bladder and bowel problems

Nimbuscare has joined forces with York and Scarborough Teaching Hospitals NHS Foundation Trust and City of York's Council's Healthy Child Service to set up free support sessions for children and young people with bladder or bowel issues. Up to 20 families will get the chance to attend group education workshops, run by specialist children's nurses, on Tuesday mornings at our Askham Bar Community Care Centre. The sessions will offer advice on issues such as constipation, day and night time wetting, and toileting support. Kathryn Wright, a specialist bladder and bowel nurse based at York Hospital, said: "Problems such as bed wetting, constipation and toilet training issues are very common in children and these sort of issues are real concerns for many parents and carers. These problems can cause embarrassment for children, school absences and frustration for parents, so it's really important for them to get good advice as early as possible. Some people are waiting to see the specialist team at the hospital for further support, so these workshops will also help them."

Parents and carers attending the workshops who require further support can arrange an appointment with the specialist bladder and bowel team at York Hospital, and families based within the City of York local authority area can receive ongoing support from the Healthy Child Service, if required. Anyone who's interested in attending must receive a referral, either via contacting their GP practice or the York Healthy Child Service.

Diary dates:

The next Protected Learning Time session for staff from across the Vale of York area will be held at York Racecourse on **8 March, 2023, from 12.30pm to 5pm**. We will be supporting our member practices with call handling during these hours. We'll also be running a series of face-to-face Child Health-themed education events and the first of these is planned for **31 January, 2023**. For more details about this and other training and development events, please visit the Staff Area of the Nimbuscare website.

Look out for our next newsletter update in two weeks' time.
In the meantime, please follow us on our social media channels by clicking on the links below.
Thank you all for your hard work and support.



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