

A message from Maddy...



Supporting our community and being true to our values

It's been refreshing to spend a bit of time away from the office recently, meeting some of the charities which Nimbuscare has supported through its [Community Fund](#).

Since 2022, we've given grants totalling £130,000 to more than 30 different community-based projects and organisations. As a not-for-profit organisation, Nimbuscare is committed to reinvesting in our wider community, as well as our GP member practices, and it's been a pleasure to see how some of this funding is being spent.

I went with my team to meet staff at [The Island](#), a charity which supports some of our City's most disadvantaged, vulnerable and isolated children and young people to see how they're using our funding to create more mentoring opportunities. We discussed a number of collaborative ideas of how we could continue to work together.

We also talked to staff, children and their families who are part of the [Big Futures Foundation](#) which supports children living in disadvantaged communities across the City. This remarkable charity is using our funding to develop more family activity groups.



We ended the week by visiting [Refugee Action York \(RAY\)](#) which this year committed £250,000 to supporting refugees within our community. We heard how mental health is a big issue within these families who have experienced incredible trauma and how they have been working to reduce the stigma around accessing counselling and support.



Our community work doesn't stop there, however...We're continuing to support local groups by offering free space within our [Community Care Café](#) at Acomb Garth.

Nimbuscare is being true to its values as we collaborate and support our community. There are now more than 10 groups using the café on a regular basis so there's something for everyone. Thanks to everyone who has made this happen here at Acomb Garth and we look forward to having a similar space at our other Community Care Centres across York.

Expansion plans as a new Community Care Centre is born



We've been working hard with the local NHS to explore the development of Monkgate Health Centre in York and I'm delighted to announce that the NHS will begin building work over the summer to create another Community Care Centre for the City.

This is a really exciting development, which sits with our strategy to develop more health services in York, in collaboration with others. It also means we will have a site close to the City Centre which I know our patients will be pleased to see. We hope Monkgate will be ready to open in the Autumn of this year and I will keep you updated.

Future of General Practice symposium in York

This event on 28 April at The Grand Hotel, York, is being hosted by Nimbuscare. We have invited national NHS leaders including Prof Claire Fuller and Dame Claire Gerada, president of the Royal College of General Practitioners (RCGPs), as well as Stephen Eames, Chief Executive Officer of Humber and North Yorkshire Integrated Care System (ICS), to talk about how we can improve and learn from others. I'm sure it will be a very positive day which will help us toward improved models of care for general practice.



Easter egg donations

Donations of Easter eggs for The Island should to be taken to Askham Bar by Thursday 6 April.



Brain Health Café opens at Acomb Garth

This month we launched the Brain Health Café at Acomb Garth Community Care Centre, supporting people with memory concerns who need help to 'navigate' the health and care systems to get the support they need.

The first Friday of each month is an open day cafe event where a variety of providers offer support, advice and activities relating to brain health, memory concerns and community-based activities. Subsequent Fridays will be more informal, with opportunities to meet people and talk to staff from various services. The café is open to all, and is dementia friendly.

York Specialist Integrated Woundcare Pathway event

Invitation to attend an evening to launch the new Specialist Integrated Lower Limb Treatment Service, including the referral process, assessment & treatment pathways with live case studies.

Date: Thursday 30th March 2023

Time: 6pm - 9pm

Duration: 3 hours - Dinner will be provided

Learning Objectives:

- Launch of new GP referral pathway
- Live patient case studies and pathways by Sam Haigh
- Podiatry case studies by Sallie O'Connell & Vicki Gunns
- Tour of new clinic rooms

Contact Name: Nikki Stephenson or Julie Dickinson

Email: nicola.stephenson@essity.com or julie.dickinson@essity.com

Acomb Garth
2 Oak Rise
York
North Yorkshire
YO24 4LJ

NHS
York and Scarborough
Teaching Hospitals
NHS Foundation Trust

nimbuscare

Specialist integrated woundcare event

Clinicians are invited to a specialist integrated woundcare event at Acomb Garth Community Care Centre on Thursday 30 March, 6pm til 9pm.

This is to launch the new GP referral pathway. We will be outlining the new Specialist Integrated Lower Limb Treatment Service, including the referral process, assessment & treatment pathways. The session will also include live patient case studies by Sallie O'Connell & Vicki Gunns and a tour of our new clinic rooms.

Please contact nicola.stephenson@essity.com or julie.dickinson@essity.com for more details.



Meet our sustainability team

Our Sustainability Champion, Layla Hendow and newly appointed Sustainable Lead, Rumina Önaç, were pleased to empty a full box of empty tablet packs this week at Acomb Garth.

Recycling boxes are now in 17 York and Pocklington GP surgeries so please advertise this as widely as possible. The project is fully funded and will cover 8 boxes per site at no cost to the sites.



Goodbye Freya!

This week we say goodbye to Freya Kimberling, our Operational Services Administrator who leaves us to take up a very exciting role at York College. We wish her all the best and she will be very much missed.



We're recruiting

The following roles at Nimbuscare are open for application. Details can be found on our [website](#):

[Operational Services Coordinator](#)

[Operational Services Administrator](#)

Events, training and education

In April Nimbuscare's Corporate Affairs Directorate, under the leadership of Ellie Holmes, will be expanding. Ellie will take up the new role of Head of Corporate Affairs and Events. Those of you that were familiar with attending WPEM events, will now be able to access education and training from 1 April 2023 with Nimbuscare.

Facilitation will continue with Emily Kyle who will be joining the Nimbuscare bank to support CPD, away days and in-house training.

A host of events have been advertised recently and a summary is included below. To register please contact nimbuscare.education@nhs.net

The next PLT will take place on 5 July to coincide with NHS75. To discuss future PLT events please contact nimbuscare.plt@nhs.net

More information, certificates and agendas for events can be found on the staff area of our website. To gain access, please contact nimbuscare.education@nhs.net

Forthcoming Events



Child Health – a series of evening educational events with local specialists to be held at the Principal Hotel York and York Novotel

Wednesday 29 March, Common Childhood Respiratory Presentations (York Principal)

Wednesday 14 June, When to Worry about Childhood Cancers (York Novotel)

Thursday 29 June, Common Childhood Skin Conditions (York Novotel)

Diabetes, Endocrinology & Metabolism Forum – a series of evening educational events to be held virtually and face to face with Dr Kamrudeen Mohammed.

Tuesday 18 April, The Liver and Remission of Diabetes (Virtual)

Thursday 8 June, Diabetic Kidney Disease Masterclass (York Novotel)

Tuesday 11 July, NICE Guidelines for Diabetes (Virtual)



Women's Health - Two CPD evenings with local and national specialist speakers. York Novotel.

Tuesday 2 May, GIRFT Metrics, unusual cervix appearances, sexual health service referrals. Mr Adrian Evans, Alison Chorlton & Sarah York

Tuesday 23 May, A Woman's Life Cycle – What's New in Contraception, Morning Sickness & Menopause. Dr Diana Mansour.

Respiratory – In association with Education for Health. This is not a Nimbuscare meeting, however, we have liaised with Chiesi in producing an educational non-promotional full day event **for free** which will accommodate 22 delegates.

Wednesday 3 May, this interactive CPD-accredited workshop at the York Novotel is designed for HCPs who support, or will be supporting, patients with asthma and COPD. An understanding of respiratory anatomy and physiology will be advantageous, but you do not need to have specialist knowledge of either asthma or COPD management to undertake this course.

Look out for our next newsletter update in two weeks' time. In the meantime, please follow us on our social media channels by clicking on the links below. Thank you all for your hard work and support.

